



Erich de Zoeten

Personal Trainer

Education

Masters of Science, Geology (University of Kansas)

Certifications

Certified Personal Trainer, NASM

Corrective Exercise Specialist, NASM

About Me

I enjoy getting outside and moving well. I got into personal training because I was a soccer player who struggled with chronic injuries and didn't get the help I needed from the professionals and other resources I tried. I am here to provide the accountability and expertise you need to reach your specific goals, whether that is to get leaner, stronger, or become more confident & trusting in your body.

Personal Interests

I enjoy moving my body, working out, training my mind & energy, and interacting with the personal development school I am a part of.

Contact Information

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Walton Family
Whole Health & Fitness